



Critical Care Training: Part 1

Learning Objectives

1. Examine background information on critical illness, critical care, and intensive care units (ICU).
2. Identify the role of nutrition support in critical care, as well as the role of the dietitian in the ICU.
3. Review indications for enteral nutrition and parenteral nutrition and different components available for each.
4. Discuss barriers to nutrition in the ICU and evidence-based nutrition recommendations to overcome these barriers.

Table of Contents

Title	Format	Estimated Time (min.)
Intro to the ICU	Webinar	55
Enteral and Parenteral Nutrition Formulas: An Overview	Webinar	60
Tube Feeding in the ICU	Infographic	5
Decision Tree: Enteral Nutrition (EN) vs. Parenteral Nutrition (PN)	Infographic	5
How to Calculate a Continuous Tube Feeding Order	Infographic	5
Critical Care Nutrition: Challenges to Providing Nutrition Support	Webinar	59
Gastric vs. Small Bowel Feeding	Infographic	5
Gastric Residual Volumes	Infographic	5
Acute Respiratory Failure	Case Study	60
Exploring Volume-Based Feeding in the ICU	Webinar	52
Enteral Nutrition and Vasoactive Agents	Case Study	90
Vasopressors... Can we feed?	Infographic	5
Infographics Reference List	Infographic	5
Learner Assessment	Post-Test	15